



Praise the Lord!

Praise God in his Temple!

Praise him in heaven, his strong fortress!

Praise him for the great things he does!

Praise him for all his greatness!

Praise him with trumpets and horns!

Praise him with harps and lyres!

Praise him with tambourines and dancing!

Praise him with stringed instruments and flutes!

Praise him with loud cymbals!

Praise him with crashing cymbals!

Everything that breathes,

These activities are for the whole family to do. Have fun! Do them at a time of day and as often as best fits your family. Do as many as you like, in any order or adapt them to suit. Mix them up with things the family like to do and involve other family members or families if you want.

Hanging Out with God

Happy Easter!!! The Easter story reminds us of God's love for us and His world. Our response to that love is praise!

When we praise God we are celebrating and telling him the things we love about him, thanking Him for all he's done and showing him what his love means to us.

Psalm 150 and 148 tell us about praising God.

We can praise God by singing songs, playing music, writing poems, drawing pictures, or just shouting it out!

As you hang out with God over the next few weeks why not try some of different ways of praising him.

(Which did you enjoy the most?)



Need: Plain or coloured paper, scissors, glue, things to decorate, Pens, tape or stapler, string/ribbon.

Make: Cut out some triangle of a similar size. The more the merrier. Write a word on each triangle that describes God. (E.g. Big, kind, Dad, king, amazing, etc.) Decorate the triangles. When finished - tape or staple the triangles to string or ribbon. Hang up somewhere as a praise to God.

Make it all in one go or add triangles through the month as you find new things to praise God for.

Awe & Wonder

Praise God in Nature

- Spend some time the garden or go on a nature walk
 ... notice all the amazing colours, variety and beauty of
 the spring flowers and trees. Listen to the sounds.
 Breathe in the smells. How is nature praising God?
- There are so many wonderful things in nature that show how awesome God is. Flowers, feathers, stones, bark etc. Do a scavenger hunt and collect some to use in the prayers.
- On a clear night, go outside and lie on a blanket and look at the stars ... notice how they twinkle and shine.
 Psalm 147:4 tells us that God knows each star by name!
 If God knows the names of the stars and cares for them, how much more does He know us and care for us! How are the heavens praising God?
- Watch the sunset or sunrise: Bring blankets, pillows, a picnic - snuggle and nibble as you watch and praise the beauty of God's creation.
- Lay on the grass and look at the clouds. Notice their shapes, colours and movement.



Here is a fun way to pray through the week.

Need: Items gathered on your nature walks or in the garden.

Hold an item and study it. Imagine what God was thinking as he made it. Tell God what you think of it. Ask him questions about it - wait for his answers.

Use it to pray for the world.

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