



Activity Sheets



Truth Activities

Two Truths and a Lie

Take turns sharing 3 things about yourself – two things have to be true the other one made up. Could be a fact about yourself or something that happened to you – anything! The other people playing have to guess which is the lie!

How easy was it to guess the lie?

True or False Bible Challenge

The bible is God's book of truth, but how well do you know it! Look at the facts below – can you tell which ones are true and which ones are false?

1. Martha was Jesus' mother
2. Moses built the ark.
3. David was a biblical king.
4. Jacob killed Goliath.
5. Jonah was swallowed by a whale.
6. Cain killed his brother Abel.
7. Paul was a missionary.
8. Jacob had no children.
9. Jesus died on the cross.
10. John betrayed Jesus.



Psalm 34:13 says 'Keep your tongue from evil and your lips from telling lies.' (NIV Bible)

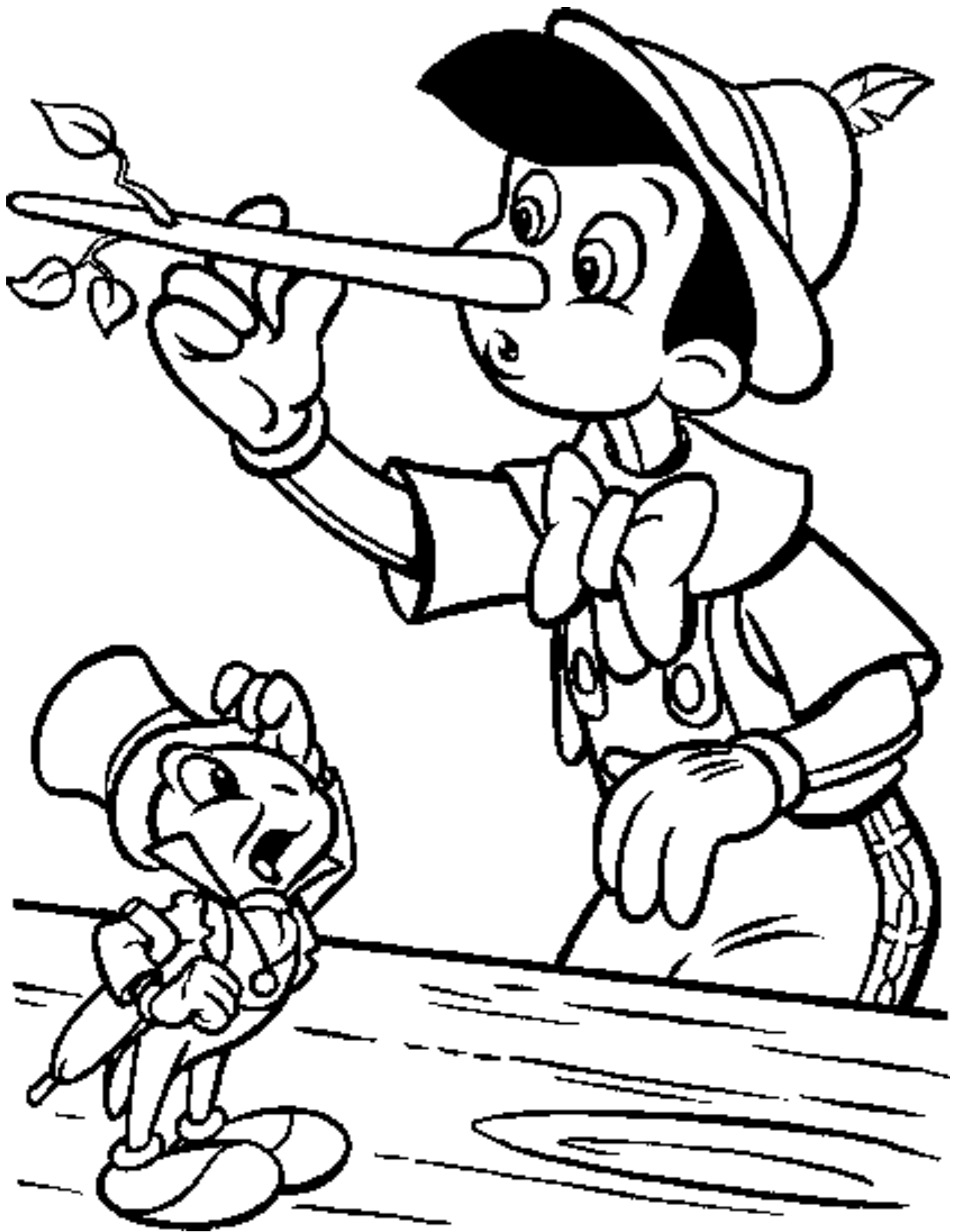
Paul says in Ephesians 4:25 'No more lies, no more pretence. Tell your neighbour the truth. In Christ's body we're all connected to each other, after all. When you lie to others, you end up lying to yourself' (The Message Bible)

1. What is truth?
2. How do you know when someone is telling you the truth?
3. How does it feel to tell the truth?
4. Is telling the truth always easy? Why/why not?
5. Is telling the truth always the right thing to do? Why/why not?
6. What does it mean to have the truth in your life?

Bible Challenge Answers
1. F (Mary was Jesus' mother); 2. F (Noah built the ark); 3. T; 4. F (David killed Goliath); 5. T; 6. T; 7. T; 8. F (Jacob had sons and daughters); 9. T; 10. F (Judas betrayed Jesus)



Ananias and Sapphira lied about the money they gave to the church. Act 5:1-11



Jiminy Cricket tried to help Pinocchio tell the truth, but he didn't listen.
God's Holy Spirit can help us tell the truth.

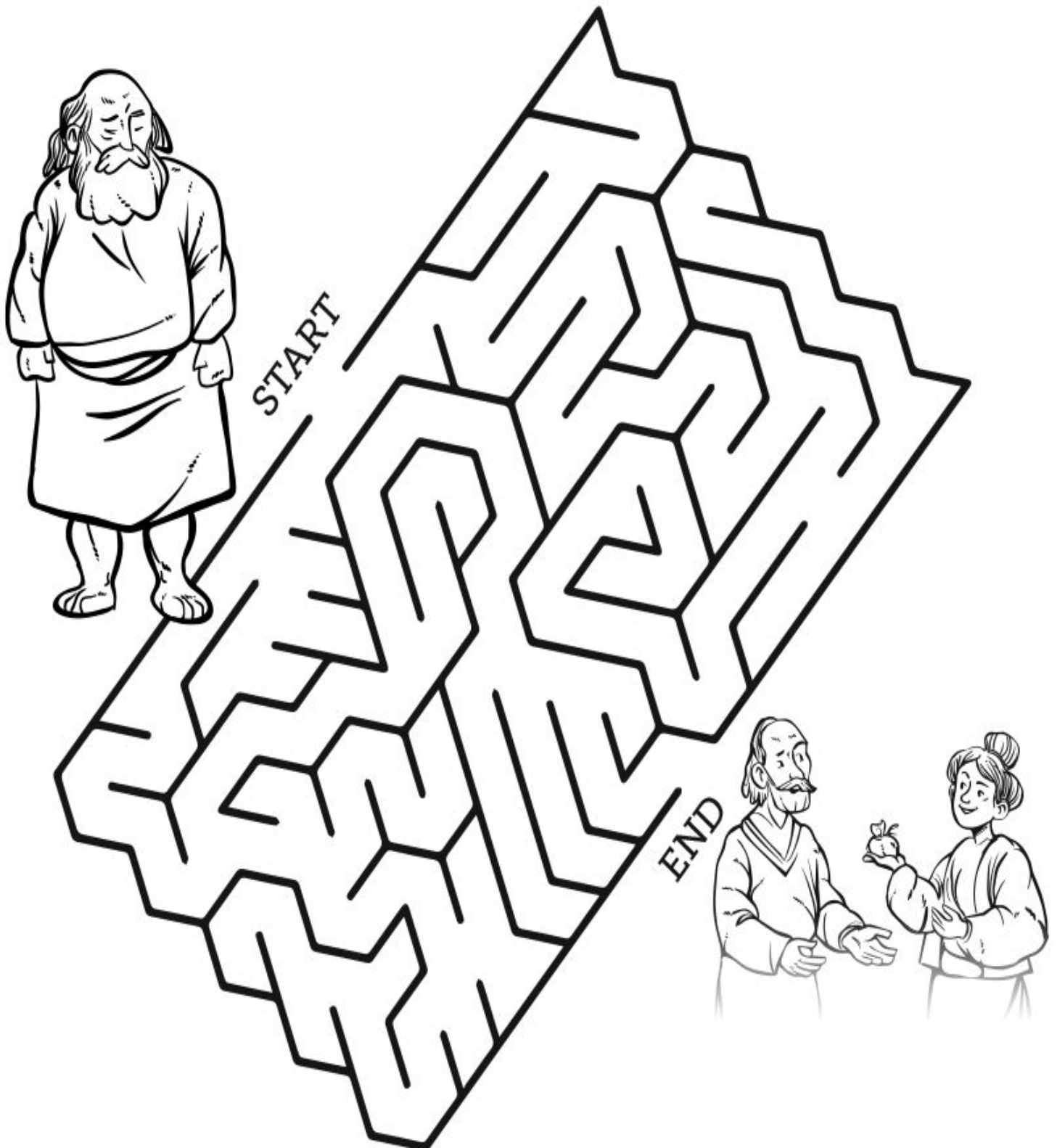
ANANIAS & SAPPHIRA

Can you spot 10 differences between the 2 pictures?



ANANIAS & SAPPHIRA

Help Peter make his way to Ananias and Sapphira.



IS THIS TRUTH?

COLOUR IN THE WORDS THAT ARE TRUTH. SCRIBBLE OUT THE LIES!

I AM FEARFULLY AND WONDERFULLY MADE.

NOBODY LOVES ME. I DON'T NEED TO FEAR.

I WILL NEVER DO ANYTHING GOOD. I AM USELESS.

GOD IS ON MY SIDE. JESUS DIED FOR ME. I CAN SEEK GOD.

JESUS DIED FOR ME. GOD HEARS ME WHEN I PRAY.

I AM TOO YOUNG TO DO ANYTHING FOR JESUS.

I AM HOLY. I AM A MISTAKE. I AM A CHILD OF GOD.

I AM LOVED. I AM NOT IMPORTANT. I CAN KNOW GOD.

I AM LOVED. I AM GOD'S WORKMANSHIP.

GOD IS ANGRY WITH ME. I SHOULD BE AFRAID.

WITH JESUS I WILL NEVER HAVE ANY PROBLEMS.

I CAN WORSHIP JESUS ANY TIME. I AM RIGHTEOUS.

GOD HEARS ME WHEN I PRAY. GOD SPEAKS TO ME.

Sometimes we find it hard to speak truth to others, because we don't know God's truth about ourselves. In Ephesians 6:14 Paul says we have a belt of truth from God – if we believe God's truth about ourselves we can build others up by speaking it to them as well.

Have a look at the words below and see if you can recognise the ones that speak truth.

John 8:32 says "If you continue to accept and obey my teaching, you are really my followers. You will know the truth, and the truth will make you free."

God tells us what is true through his word, so knowing what the bible says helps us recognise truth from lies. God's truth "frees" us because we won't be tricked by sinful lies that push us away from God. The Holy Spirit can help us remember God's truths.

All these words in red are true and written in God's word – the bible!

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Prayer Activity

You might want to do this prayer activity together or alone.

Find a patch of sand in the garden or put some sand in a container. Think about a time or times when you've told a lie, spoken unkindly to someone or someone's lied to you. (Maybe you said some of the things from the previous page that are not bible truths e.g. 'You are a mistake', or maybe someone said them to you!)

Draw or write the lies, words or the names in the sand. You may want to write 'sorry' over the lies and 'I forgive' over things said to you.

Jesus wipes away our sins and our tears - when you are ready wipe your words or pictures away as a sign that Jesus has taken them.

If you like, say this little prayer "Thank you God for the truth that sets us free. Please help me to believe your truth about myself and others and help me to speak words of truth to everyone every day. Amen"

SONG LYRICS

God Suit

Every Morning when I wake
I get ready, I get ready
Got my armour for the day (hey!)
I get ready, I get ready.

Chorus:

This way, this way, I know you're with me
Every step I take, woaoah
This way, this way, I know you're with me
Every step I take
I got the sword of the spirit,
the shield of faith
The belt of truth around my waist
When I feel weak you make me strong
Never back down, I got my God suit on.

Every battle that I face
I'll be ready, I'll be ready
when the arrows fly my way (hey!)
Hold me steady, hold me steady.

Chorus

Your saving grace will guard my head
Your righteousness like a bullet-proof vest
These good news shoes were made to run
Never back down, I've got my God suit
on
Never back down, I got my God suit on.

10, 9, 8, 7, 6 ... Got my hands in the air
and praise on my lips
5, 4, 3, 2, 1 ... Every battle I face my God
has won!
10, 9, 8, 7, 6 ... Got my hands in the air
and praise on my lips
5, 4, 3, 2, 1 ... Never back down, I've got
my God suit on

Chorus

Your saving grace will guard my head
Your righteousness like a bullet-proof vest
These good news shoes were made to run
Never back down, I've got my God suit
on
Never back down, I got my God suit on.

Speak the Truth

Sometimes it's hard
to tell the truth each day.
Sometimes a lie
is easier to say
But God wants us pure
with a heart just like His
Living a life
of love, joy and peace.

Chorus

We will speak the truth
We won't tell a lie
God has commanded us
to live an honest life
We will speak the truth.

Live Differently (Yancy)

O, O, O x2
We can shine a light
We can be a voice
We can make a difference
And change the world
The greatest of all
Is the one who serves
So, God, we give our lives
To serve You faithfully, yeah

Chorus

We want to be Your hands and feet
We want to live differently
We want to love
We want to give
We want to serve those in need
And be Your hands and feet
We want to live differently, yeah
We want to love
We want to give
We want to serve
We want to live differently O, O, O
We want to live differently O, O, O

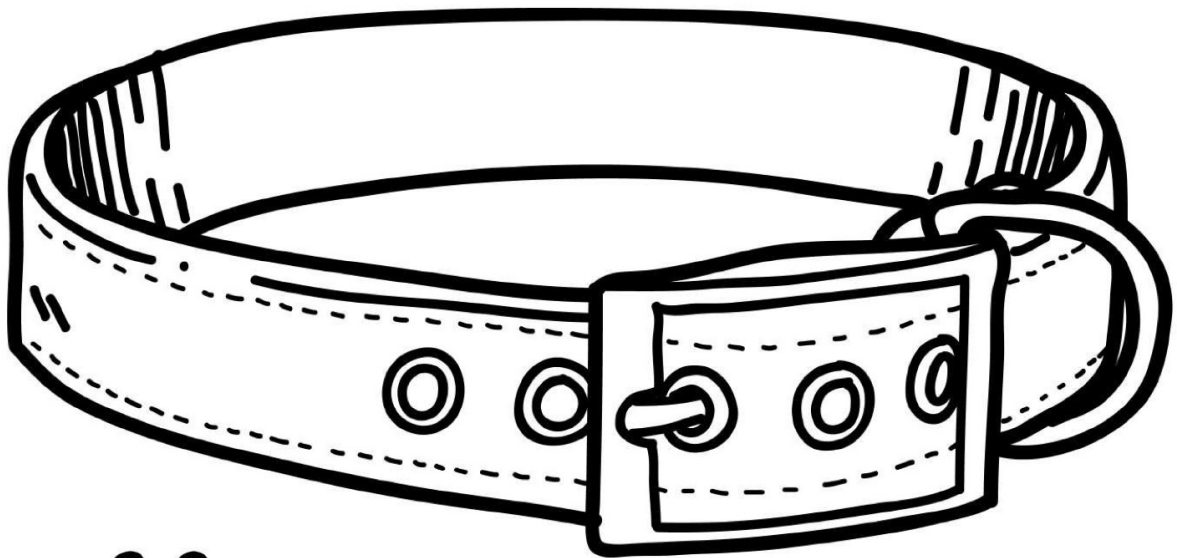
Your kingdom come, Your will be done
This is our prayer
We want to serve You, God
We want to serve You, God
Your kingdom come, Your will be done
This is our prayer
We want to serve You, God
We want to serve You, God
We want to serve You, God

(We want to be Your hands and feet ...
We want to live differently)

Chorus

We want to live differently

Stand firm then,
with the belt of truth



buckled around your waist
Ephesians 6:14